the tines refuel. relax.

CAM High School January 2023 Menu



No School Teacher's Institute

Biscuit & Gravy

M: French Toast with Sausage Patty P: Buffalo Chicken

Flatbread G: Chipotle

Cheeseburger S: Ham & Cheese

Sandwich

French Toast Sticks

M: Kicking Bean & Beef Bowl

G: Popcorn Chicken

S: Chicken Caesar Wrap

Cinnamon Roll

M: Nuggets

P: Chili Lime Beef Pizza

G: Corn Dog

S: Chicken BLT Sub

Cheesy Ham Biscuit

M: Scrambled Eggs with Waffle

P: Meat Lovers Pizza

G: BBQ Rib Sandwich

S: Buffalo Chicken Wrap LTO

10

Sausage & Egg Burrito

M: Sloppy Joe

G: Veggie Burger

S: BBQ Chicken Wrap

LTO

Glazed Donut

LTO

M: Country Fried Steak

Breakfast Pizza

G: Chicken Nuggets S: Ham & Cheese Sub

12

Lumberjack

M: Pulled Pork Nachos

G: Pizza Max Sticks

S: Chicken Salad Sandwich

LTO

13

Bacon/Egg Flatbread

M: Mini Corn Dogs P: Chicken Bacon Ranch

Pizza

G: Italian Sub

S: Hot Roast Beef &

Cheese

LTO

16



17

Egg, Ham, Tater Tot Taco

M: Walking Taco

G: Chicken Tenders

18

Cinnamon Roll

M: Salisbury Steak with Gravy

P: Spinach Feta Pizza

G: BBQ Cheeseburger

S: Italian Sub

Breakfast Bread

M: Chicken & Noodles

G: Meatball Sub

S: Ham & Cheese Wrap

20

Sausage/Egg Bagel

M: Corn Dog

P: Meat Lovers Pizza

G: Popcorn Chicken

S: Southwest Chicken

Pinwheel

23

Biscuit & Gravy

M: Beef Nachos

P: BBQ Chicken Pizza

G: Hot Dog

S: Chicken Caesar Wrap

24

Sauce

G: Corn Dog

Pancakes

M: Spaghetti with Meat

S: Ham & Cheese Wrap

S: Honey Mustard Chicken Wrap

25

Breakfast Burrito

M: Sweet & Sour Chicken

Cheeseburger Pizza

BBQ Rib Sandwich

S: Snack Pack

26

Scrambled Eggs & Sausage

M: Popcorn Chicken Bowl

G: Pulled Pork Sandwich

S: Southwest Chicken

Wrap

Ham/Cheese Biscuit

M: Chicken Bacon Ranch

Flatbread

P: Mexican Pizza

G: Hot Ham & Cheese S: Buffalo Chicken Wrap

30

Sausage/Egg Flatbread

M: Bosco Cheese Sticks w/marinara sauce

P: Meat Lover's Pizza G: Mini Corn Dogs

S: Italian Wrap

31

Lumberjack

M: Omelet w/ Donut

G: Veggie Burger S: Chicken Ranch

Wrap



Back to School: **January Limited** Time Offer **Black Bean Chili** Frito Bowl January 9th - 13th,

2023

aramark 1 STUDENT NUTRITION

Powering potential.

"Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness."

Menu is always subject to change

Fresh fruits & vegetables are offered daily.

Lunch-Offered Daily

Pizza, Chicken Sandwich, Spicy Chicken Sandwich, Cheeseburger, and French Fries

M=Main Entrée P=Pizza G=Grill S=Sandwich

***Cookies and Chips are available for purchase daily. ***

